

Important Notice to Riders – Medical History and Examination Medications

Riders are reminded that they must answer all questions in regard to their personal history and that special care should be taken to ensure that question 20 which refers to any Medicines, Drugs, Tablets or injections that you are currently taking (if any) is completed accurately.

As it is important to ensure that any medications taken do not have an adverse effect on their own and others safety, Riders are advised that the medications and dosage will be considered when their suitability for a Riders licence is assessed.

To allow their applications to be assessed in a timely manner those riders who are currently taking medication, anticipate taking medication during the 2011/12 season or have taken medication over the past 3 months, whereby;

- a. the side effects, actual or potential, of the medication are such that they could interfere with the rider's physical capability, judgement, co-ordination or alertness (eg. antidepressant medication)
- b. a voluntary or involuntary adjustment of the dosage, administration or absorption of the medication may interfere with the rider's physical capability, judgement, co-ordination or alertness (eg. insulin dependent diabetes)
- c. the therapeutic effect of the medication may put a rider at risk if they suffer from a racing accident (eg. warfarin)

should obtain a report from their treating Specialist advising;

- (i) the nature of the illness, condition or ailment being suffered by the rider
- (ii) that the medication would not affect the rider in a race, trial or trackwork to the extent that it could in any way constitute a danger to the rider or other riders
- (iii) the effect of the medication on safety critical activities and judgement
- (iv) that the therapeutic effect of the medication will not put the rider at greater risk if they suffer from a racing accident
- (iv) the dosage of the medication prescribed

and submit this report with their licence renewal and medical history form. Please note dependent on the nature of the illness and the medication required Riders may also be referred to a Specialist by Racing NSW for further consultation.

Please note this process is required to be completed on a yearly basis. Riders who successfully followed this procedure and were issued a licence in previous seasons are not exempt and will still be required to obtain and submit such report with their renewal application.

Riders who are in any doubt as to whether the above applies to any medications they are taking should consult their medical practitioner for advice.

Racing NSW may also request further information from a Riders General Practitioner in relation to any medication not described above if considered necessary.