

# Jockeys Assistance Program

**Are you aware that you can access the services of leading Sports Psychologist Grant Brecht?**

***at no cost***

Grant has experience in providing specialised psychological, health and well-being consultancy services to sporting organisations and professional athletes. He is currently Club Psychologist for the Sydney Swans AFL team.

This is a confidential service and Counselling facilities are available in Sydney and throughout NSW via Grant's network of regional associates.

**Jockeys can contact Grant at any time on (02) 9929 8515.**

**There is no charge for the service. Payment is provided from the Jockeys Benefit Scheme Discretionary Fund**